

# Two Hearts / One Flame Marriage Retreat Program Schedule

Woodcrest Retreat Center

225 Woodcrest Dr. Ephrata, PA 17522

(March 16-18, 2023)

## THURSDAY SCHEDULE

5:00 PM	-	5:40 PM	Welcome/Skit/Announcements
5:40 PM	-	6:20 PM	Lecture - "Heart Matters"
6:35 PM	-	7:35 PM	Dinner Hour
7:35 PM	-	8:05 PM	Lecture - "Root causes in Conflict"
8:05 PM	-	8:35 PM	Group Application Time
8:35 PM	-	9:00 PM	Wrap up and dismissal

## FRIDAY SCHEDULE

11:30 AM	-	12:00 PM	Light Informal Luncheon
12:00 PM	-	12:30 PM	Welcome/Skit/Announcements
12:30 PM	-	1:00 PM	Application Time
1:00 PM	-	1:20 PM	Lecture - "Identifying Emotional Pain"
1:20 PM	-	1:45 PM	Application Time
1:45 PM	-	2:15 PM	Break Time & Announcements
2:15 PM	-	2:35 PM	Lecture - "Identifying Pressure Patterns that Damage"
2:35 PM	-	3:00 PM	Application Time
3:00 PM	-	3:23 PM	Lecture - "Lies that I Believe"
3:23 PM	-	3:48 PM	Application Time
3:48 PM	-	4:15 PM	Break Time & Announcements
4:15 PM	-	4:57 PM	Lectures - 4 - 10 minute Lectures "My Reaction to Pain"
4:57 PM	-	5:22 PM	Application Time
5:22 PM	-	6:28 PM	Dinner Hour & Announcements
6:28 PM	-	6:58 PM	Group Application
6:58 PM	-	7:43 PM	Couple Application Time
7:43 PM	-	8:05 PM	Couple Testimony
8:05 PM	-	9:00 PM	Wrap up and Closing

## SATURDAY SCHEDULE

9:30 AM	-	10:10 AM	Welcome/Skit/Announcements
10:10 AM	-	10:30 AM	Lecture - "Living in the Room of Grace"
10:30 AM	-	10:45 AM	Break Time & Announcements
10:45 AM	-	11:05 AM	Lecture - "Resolving Emotional Issues"
11:05 AM	-	12:24 PM	Application Time
12:24 PM	-	1:24 PM	Lunch Hour
1:24 PM	-	1:39 PM	Announcements
1:39 PM	-	1:39 PM	Testimony
1:54 PM	-	2:14 PM	Lecture - "Renew & Reset"
2:14 PM	-	3:09 PM	Application Time
3:09 PM	-	3:19 PM	Announcements
3:19 PM	-	3:44 PM	Lecture - "Connecting Emotionally"
3:44 PM	-	4:39 PM	Application Time
4:39 PM	-	5:00 PM	Wrap and Closing